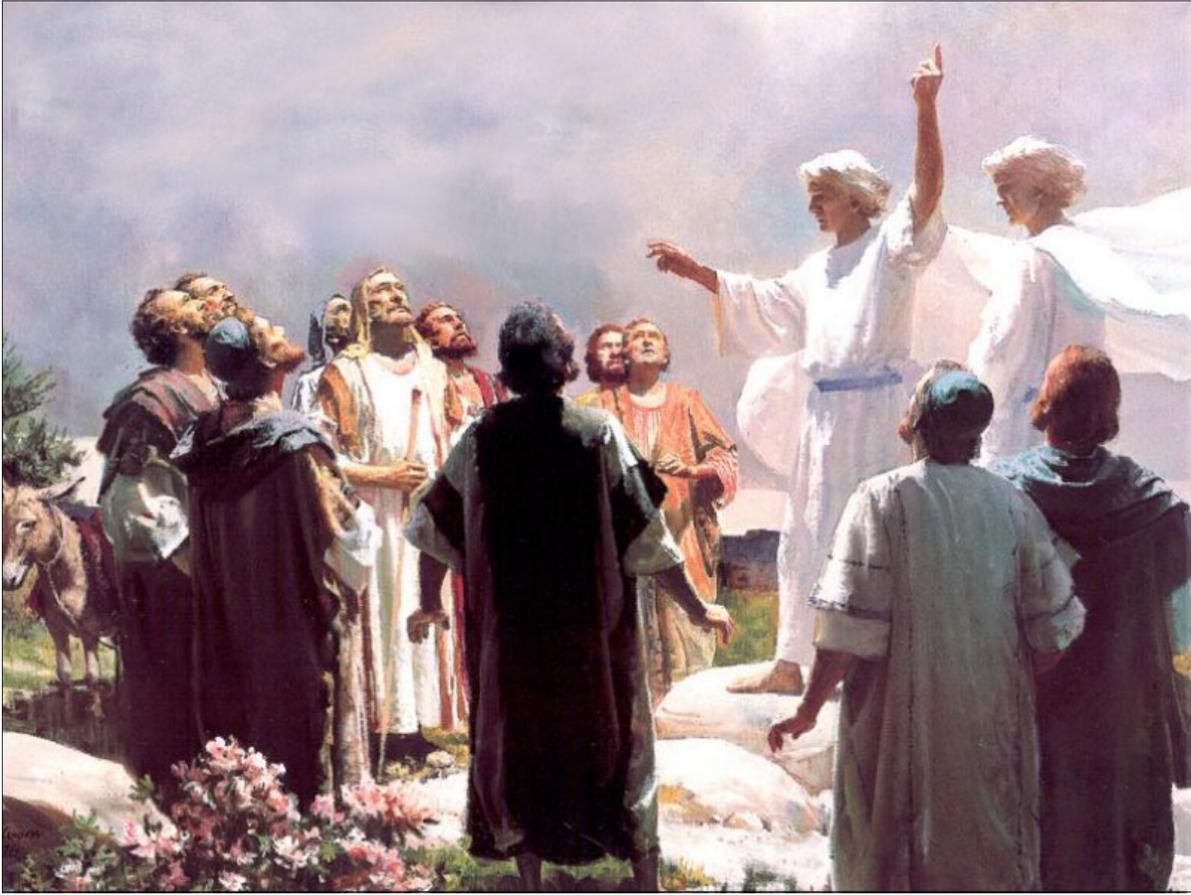


THE ASCENSION OF THE LORD



THE FOLLOWING IS FROM A SERMON BY SAINT LEO THE GREAT, POPE:

The days between the resurrection and ascension of our Lord

Beloved, the days which passed between the Lord's resurrection and his ascension were by no means uneventful; during them great sacramental mysteries were confirmed, great truths revealed. In those days the fear of death with all its horrors was taken away, and the immortality of both body and soul affirmed. It was then that the Lord breathed on all his apostles and filled them with the Holy Spirit; and after giving the keys of the kingdom to blessed Peter, whom he had chosen and set above all the others, he entrusted him with the care of his flock.

During these days the Lord joined two of his disciples as their companion on the road, and by chiding them for their timidity and hesitant fears he swept away all the clouds of our uncertainty. Their lukewarm hearts were fired by the light of faith and began to burn within them as the Lord opened up the Scriptures. And as they shared their meal with him, their eyes were opened in the breaking of bread, opened far more happily to the sight of their own glorified humanity than were the eyes of our first parents to the shame of their sin.

Throughout the whole period between the resurrection and ascension, God's providence was at work to instill this one lesson into the hearts of the disciples, to set this one truth before their eyes, that our Lord Jesus Christ, who was truly born, truly suffered and truly died, should be recognized as truly risen from the dead. The blessed apostles together with all the others had been intimidated by the catastrophe of the cross, and their faith in the resurrection had been uncertain; but now they were so strengthened by the evident truth that when their Lord ascended into heaven, far from feeling any sadness, they were filled with great joy.

Indeed that blessed company had a great and inexpressible cause for joy when it saw man's nature rising above the dignity of the whole heavenly creation, above the ranks of angels, above the exalted status of archangels. Nor would there be any limit to its upward course until humanity was admitted to a seat at the right hand of the eternal Father, to be enthroned at last in the glory of him to whose nature it was wedded in the person of the Son.

THE ASCENSION OF THE LORD

May 24, 2009

MASS INTENTIONS FOR THE WEEK

Mon	—	<i>Memorial Day Holiday</i>
	9AM	Annette Batmale
Tue	7AM	Laura Hodges, <i>living</i>
	9AM	Emma & Bud Bradley
Wed	7AM	Frank Bonavia
	9AM	James Staats
Thu	7AM	Edward J. Lampe, <i>living</i>
	9AM	George Pacheco
Fri	7AM	Nancy Hoffman
	9AM	Liane Glave
Sat	7AM	Emma & Maurice Bradley
	9AM	Special Intention, <i>living</i>

PLEASE PRAY FOR OUR SICK

Lorenzo Acciai, Ken Anderson, Marco Balistreri, MaryAnn Bellia, Bertha, Beverly, Joseph Calleja, Patricia Cane, Charles, Yondellan Coleman, Elizabeth Crowley, Bill & Vladia Cutler, Dick Degan, Doris Doty, Doug, Msgr. Bruce Dreier, Nanette Duffy, Ed, Luke Duval, Faith Gillis, Philip Hansen, Taro Hart, Rosemarie Hayes, Michelle Hufford, Eleanor Jean, Joseph, Germaine Khohayting, Karla Kincade, Jan Lamphere, Frank Lucas, Manda Masse, Warren McGuire, Richard Mogas, M. Maroevich, Tony, Valerie Milroy, Marie Palleschi, Mark Piatti, Joe Popovich, Stephanie, Steve Schlesselmann, Paul Smith, Rose Tannlund, Tim, Elizabeth Ward, Sibeal Whitty, & Camilla Wolfe.

STEWARDSHIP – A WAY OF LIFE

Last weekend's collection	\$6,140.
Weekly goal	\$5,200.
Weekly average	\$4,661.

ANNUAL APPEAL UPDATE

Assessed Goal:	\$65,200.
Received:	\$52,109.

WORD OF LIFE

Just 22 days after conception,
a human embryo's heart begins beating.

That little heart will beat nearly 54 million times
before he or she is born!

THIS WEEK IN OUR PARISH

MON Life in Christ Series today – 9:30am Hall
TUE Scripture Class – Parish Hall – 9:30am

MARIN COUNTY RESPECT LIFE POTLUCK MTG.

Bring your favorite dish to our quarterly Potluck Supper at 7pm, this Wednesday, May 27, in St. Sebastian's Parish Hall.

This is a premiere opportunity to support your Parish and the Archdiocesan Respect Life Program. Enter the dialogue on human dignity and the tremendously important pro-life issues that face us today.

RSVP to Vicki Evans at 945-0180.

COFFEE & DONUTS, ANYONE ?

We would like to try to have coffee and donuts (and perhaps something more nutritious?) one Sunday per month after the 9am and 11am Masses.

If you are available on the 2nd or 4th Sunday of the month and would like to help, call Pat Lindstadt at 258-1753. We'd need assistance with brewing the coffee and picking up the donuts or other refreshments, serving, and cleaning up. We'd schedule on the Sunday on which we have the most volunteers or interested people. Please think about joining in and helping to build community at St. Sebastian's through your hospitality.

YOUNG AT HEART

You are invited to join the Young at Heart at their final luncheon of the year on Tuesday, June 2. Mass and Installation of Officers will be held at 10:30am in Church, followed by a Luncheon at Jason's Restaurant at 300 Drakes Landing Rd in Greenbrae. No-host cocktails at 11:30am and Lunch at 12noon. Menu: Your choice of Brandy Chicken Breast or Baked Salmon, also includes salad, potato, vegetable, gelato, coffee or tea. Price is \$30 per person \$33. for guest. Last day for reservations or refunds is Friday, May 29. For information, call Rosellen Staats at 461-9003 or Barbara Wakida at 461-2735.

STEWARDSHIP BY THE BOOK

Jesus is the perfect steward—watching carefully over all who have been entrusted to Him by the Father and then sending them all out in service to the world. May we similarly protect and wisely use the gifts entrusted to us!

ALTAR SERVERS NEEDED!

St. Sebastian's needs new Altar Servers! Parents, please chat with your children and encourage them to apply. We'll train them and welcome them aboard. As young ones grow, our numbers diminish, so please phone Fr. Paul or Fr. Mark at 461-0704.

COMMISSIONED TO LIVE IN THE WORLD

In today's Scriptures, we hear two different stories about commissioning. In the Acts of the Apostles, Peter leads the assembly in prayer that the Lord will choose and commission the person to replace Judas among the Twelve. In the Gospel, Jesus prays that His chosen disciples might be consecrated, or made holy.

Jesus does not ask His Father to keep the disciples separate from the world, but instead sends them out into the world. While we might think that holy people are set apart from the world, we cannot hear today's Scriptures without realizing that God's holy, chosen people are commissioned to live in the midst of the world where they can reveal the love of God that makes the entire world holy

TREASURES FROM OUR TRADITION

In medieval times, one country, Scotland, linked its economy to the liturgy. Four holy days of the Church calendar were keyed to the legal year. On these days, rents were due, clergy and servants were paid, and contracts and leases would begin or end. The term days were Pentecost (called Whitsunday), the Feast of Saint Martin on November 11 (Martinmas), the Feast of the Presentation on February 2 (Candlemas), and August 2 (Lammas), a harvest festival. On Lammas day, the first loaf of bread from the summer wheat harvest was given to the village priest. After the Reformation, which swept the Catholic festivals away, the term days were gradually detached from the old feast. It was only in 1990 that the term days were anchored on the 28th of February, May, August, and November. Today the old Scottish universities are the last hold-outs, still naming their terms or semesters after the old festivals. Scottish students today may not know about the liturgical year, but they still call the fall term Martinmas, and the spring session Candlemas.



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immaculate heart radio
sharing the heart of the christian faith

SAINT SEBASTIAN'S BIBLE CAMP

Bible Camp is planned for the week of August 10-15th from 2:00 pm – 5:30 pm here at St. Sebastian's. Activities include Scripture study, catechesis, Eucharistic Adoration, along with related crafts, games, music, and snack time. The week will conclude with Mass and BBQ for all. To register or for more information, contact Marian Previtali at 479-5316 or Celeste Chapman at 789-9627.

Pink registration forms may be found in the pews; when completed, they may be placed in the collection basket during Mass or sent to the Parish Office.

NAZARETH HOUSE

Nazareth House, built in 1962, is a Retirement Home for the elderly located in San Rafael. It is a one-storey structure with beautiful landscaped grounds, owned and operated by the Sisters of Nazareth. The sisters and staff provide a caring, loving, and secure environment with excellent services including meals, housekeeping, a wellness center, and a wide range of daily activities. There is also daily Mass and Adoration of the Blessed Sacrament.

Applicants of all denominations are welcome. For more information, call the admissions coordinator at 479-8282. Nazareth House is located at 245 Nova Albion Way in Terra Linda.

MARRIAGE FOR LIFE

Engaged couples are invited to view marriage as Sacrament of our Church. The Archdiocesan-approved program focuses on viewing marriage as: A lifelong commitment; A journey of love and renewal; A relationship that includes Christ; and An integral part of our Church. Upcoming programs are held at St. Mary's Cathedral in SF. Both dates must be attended from 8:30am to 12:30pm. Dates are Saturdays July 18th and 25th; Sept. 12 & 19th. Call 664-8108 or e-mail: daura@ccwear.com.

CATHOLIC ADULT SINGLES

We are Catholics, single or single again, who are interested in making new friends, taking part in social activities, sharing opportunities for spiritual growth and becoming involved in volunteer projects that will benefit our parishes, our community, and one another. We welcome those who would share in this with us. Info. 897-0639.

Our New Parish Website
www.sebastian94904.com