

SIXTH SUNDAY IN ORDINARY TIME

February 14, 2010

MASS INTENTIONS FOR THE WEEK

Mon	Presidents' Day Holiday	9AM Annetta & Tom Lazio
Tue	7AM Edilyn Haddad, <i>living</i>	9AM Elizabeth, <i>living</i> ; Martin, †
Ash	7AM Elizabeth Mullin	
Wed	9AM Marie Palleschi	4PM <i>Additional</i> Ash Wednesday Mass
Thu	7AM Ted Taheny, <i>living</i>	9AM Gust Gallucci
Fri	7AM Rosa Iachino	9AM Claire Gaudiani, <i>living</i>
Sat	7AM Fr. Dennis McManus	9AM Marianne & Harold Caulfield, <i>living</i>

PLEASE PRAY FOR THE SICK

Lorenzo Acciai, Ken Anderson, Sally Arango, Marco Balistreri, Charles Bellia, Bertha, Madison Bostow, Joseph Calleja, Patricia Cane, Caroline, Charles, Cary Chiappone, Yondellan Coleman, Elizabeth Crowley, Vladia Cutler, Dick Degan, Doris Doty, Doug, Nanette Duffy, Ed, Luke Duval, Faith Gillis, Eileen Harriman, Taro Hart, Rosemarie Hayes, Chiara Iulucci, Joseph, Ruedi & Matthias Keller, Germaine Khohayting, Jeanne Killian, Karla Kincade, Manda Masse, Gino Mazzenatto, Warren McGuire, Richard Mogas, Monte Maroevich, Tony, Valerie Milroy, Mark Piatti, Bertha Ponce de Leon, Joe Popovich, Stephanie, Steve Schlesselmann, Mary Ann Smith, Ted Taheny, Rose Tannlund, Tim, Elizabeth Ward, Sibeal Whitty, & Camilla Wolfe.

STEWARDSHIP – A WAY OF LIFE

Last weekend's collection	\$ 4,919.
Weekly goal	\$ 5,200.
Weekly average	\$ 4,307.

WHEN USING SUNDAY ENVELOPES...

Please print your Last Name on the envelope to ensure that your donation is properly credited to your record.

Ash Wednesday's emphasis on prayer, fasting, and almsgiving invites us to take a closer look at how we are using the gifts we've received from God.

PRESIDENTS' DAY HOLIDAY

The Parish Office will be closed on Monday, Feb. 15, in observance of Presidents' Day.

ASH WEDNESDAY & LENTEN REGULATIONS

This Wednesday is Ash Wednesday, the beginning of Lent. Ashes will be distributed after the Liturgy of the Word at our Masses at 7am, 9am, & 4pm. After the 4pm Mass, we will have a Soup Supper in the Parish Hall.



Abstinence: Everyone fourteen years of age and older is bound to abstain from meat on Ash Wednesday, the Fridays of Lent, and Good Friday.

Fast: Everyone eighteen years of age and older, but under the age of sixty, is also bound to fast on Ash Wednesday and Good Friday.

On these two days, the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted.

When health or ability to work would be seriously affected, the law does not oblige. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.

The Archbishop's Annual Appeal 2010

is off to a good start, and we are grateful to those who have already responded. There are some brochures in the pews if you did not get one in the mail.

TODAY IS "COFFEE SUNDAY"

Don't "run off", but be sure to come to the Parish Hall after the 7am, 9am, or 11am Mass and visit with fellow parishioners who look forward to seeing you there!



"Coffee Sunday" is scheduled for the second Sunday of every month.

ORGAN CONCERT BY FR. PAUL PERRY

Fr. Paul will offer an organ concert here next Sunday, **February 21st**, at 12:20PM. The one-hour program, with commentary, offers works of Bach, Andre Campra, William Boyce, Verdi, Tschaiikowsky, Gordon Young, Richard Purvis, Leon Boellmann, Chopin, Karg-Elert, and others.

No admission charge.

You are all welcome to attend!

This "all-memory" concert will be repeated on March 7 at St. Isabella's in Terra Linda.

LENTEN THOUGHTS

Is your vision of Lent those 40 days of "giving up something"—sacrifice, meatless Fridays, fasting, extra prayers, Stations of the Cross, etc.? Is there a new awareness that something has changed in your Parish...the prayers, the starkness, the song, the silence, the color? Where is the Gloria, the Alleluia, the flowers? Awe yes...this is all Lent, but much more.

By definition, Lent is a penitential season of six Sundays and forty weekdays that prepares for the high feast of Easter, beginning on Ash Wednesday and ending with the evening Mass of the Lord's Supper on Holy Thursday. It is also a time for a step-by-step preparation period for Catechumens (those being initiated into the church) for the Paschal Mystery.

Lent is a preparation for an event. Lent is a waiting period. Lent is a journey towards that which is good and leaving behind that which would harm us spiritually. Lent places emphasis on recalling our Baptism—that conversion.

Lent, my friend, is a time to come back to God.

—from a parish in Pennsylvania

Choose Life: "40 Days for Life" is a peaceful prayer vigil that will take place on Eddy Street (between Franklin and Van Ness streets) in San Francisco, across the street from the Planned Parenthood abortion business. Beginning Ash Wednesday, at least one person will be there in prayer every day of Lent from 7am to 8pm.

Come yourself, or bring a friend.

To learn more, or to sign up for a time slot, go to:

www.40daysforlife.com/sanfrancisco

or email Ron Konopaski at konopaski@yahoo.com

Saturday

February

27

**After
the
5pm
Mass**



Spaghetti Dinner Community Fundraiser

\$50/Family \$20/Person \$15/Seniors

Make a reservation before February 22

at the table outside church
or by calling the Parish Office.

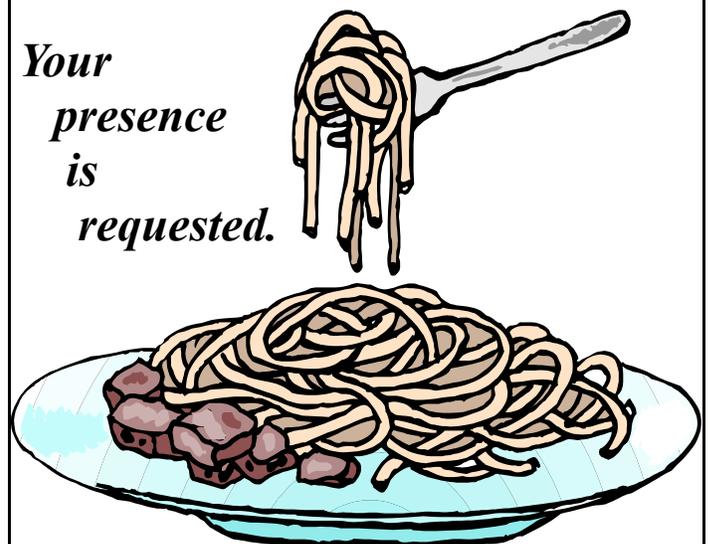
Fr. Ken Westray will be here to cook a wonderful spaghetti dinner, with salad, garlic bread, and wine. Ice cream and toppings for the kids.

*If you would like to attend,
but can't afford it, please call the Parish Office.*

**If you would like to attend,
but need a ride, please call the Parish Office.**

Volunteer to assist with making desserts, selling tickets, helping the kids at the ice cream bar, among other things.

**Your
presence
is
requested.**



WHAT ABOUT LENT?

As we begin the Season of Lent this week, we have ashes imposed upon our foreheads as a sign that we are doing penance. Ashes is also a reminder that we are passing through this world; we are told to: “Remember, man, that you are dust, and unto dust you shall return.” The other formula for the giving of ashes is: “Turn away from sin and be faithful to the gospel.”

We cannot remember our mortality, and we cannot turn away from sin without God’s help, and He will give us more help than we can possibly imagine—if we will give Him an opening to do so.

The Church directs us to be hungry on Ash Wednesday by fasting, by not eating as much as we usually do. This gets our attention! Our stomach should be growling. Fasting helps us grow in self-control. Fasting helps us to consider those who don’t have the luxury of abundant food that we enjoy.

We can offer our hunger to God for whatever intention we choose, and our prayer will be somewhat more fervent because we’re praying with our *body* as well as with our soul.

We can always come to church, sit in front of Jesus in the tabernacle, and pour our heart out to Him. He’s pleased by our visits to Him, and Lent is a good time to drop in and spend some quiet time with the One Who came down from heaven to save our lives.

WORDS ABOUT LIFE

One long ago day at a Washington, D.C. Prayer Breakfast, a tiny nun proclaimed these words to those in high positions of power: “*if we accept that a mother can kill even her own child, how can we tell other people not to kill one another?*” On that day, Mother Teresa of Calcutta captured the essence of love—respect for all human life.

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