

3RD SUNDAY OF LENT

March 7, 2010

MASS INTENTIONS FOR THE WEEK

Mon	7AM	Elias Haddad †
	9AM	Fallen Away Catholics
Tue	7AM	Elias Haddad, <i>living</i>
	9AM	Clare, Karen, & David Byrne
Wed	7AM	Fr. Dennis McManus
	9AM	Mary King
Thu	7AM	James Maffei
	9AM	Marie Palleschi
Fri	7AM	Church Staff, <i>living</i>
	9AM	Marianne & Harold Caulfield, <i>living</i>
Sat	7AM	Frank & Angela Lucas
	9AM	Joe & Mary Reilly

PLEASE PRAY FOR THE SICK

Lorenzo Acciai, Ken Anderson, Angela, Sally Arango, Marco Balistreri, Charles Bellia, Bertha, Madison Bostow, Joseph Calleja, Patricia Cane, Caroline, Charles, Cary Chiappone, Yondellan Coleman, Elizabeth Crowley, Vladia Cutler, Dick Degan, Doris Doty, Doug, Nanette Duffy, Ed, Joyce Dunn, Luke Duval, Faith Gillis, Eileen Harriman, Taro Hart, Rosemarie Hayes, Chiara Iulucci, Joseph, Ruedi & Matthias Keller, Germaine Khohayting, Jeanne Killian, Karla Kincade, Manda Masse, Gino Mazzenatto, Warren McGuire, Richard Mogas, Monte Maroevich, Tony, Valerie Milroy, Mark Piatti, Bertha Ponce de Leon, Joe Popovich, Stephanie, Steve Schlesselmann, Mary Ann Smith, Ted Taheny, Rose Tannlund, Tim, Elizabeth Ward, Sibeal Whitty, & Camilla Wolfe.

“Anything that does not lead you to God is a hindrance. Root it out and throw it far from you.”

—*St. José Escriva*

STEWARDSHIP – A WAY OF LIFE

Last weekend's collection	\$ 4,550.
Weekly goal	\$ 5,200.
Weekly average	\$ 4,279.

The parable in today's Gospel clearly warns that we, like the fig tree, will be judged by our fruit. While God mercifully provides us with time and opportunity, let us give witness to our faith with deeds of kindness and generosity!

WEDNESDAY MASSES & SOUP SUPPERS

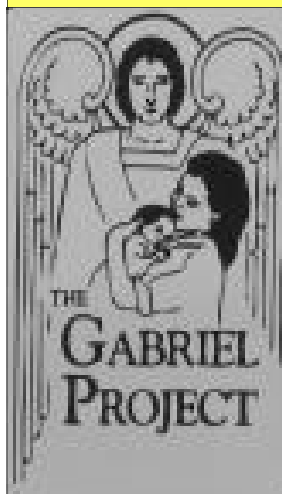
On the Wednesdays of Lent, in addition to our morning Masses, we have a 5:15PM Mass, after which we offer a Soup Supper in the Parish Hall.



Daylight Saving Time begins next Sunday, March 14. Be sure to set your clocks *forward* one hour next Saturday night.

ANGELS FOR THE GABRIEL PROJECT

Please join us on Saturday, March 20 at 7:30pm for our first Gabriel Project Conference Video Presentation. We will present an abridged (40-minute) DVD version of *The Gabriel Project Conference* of September 12, 2009, which was conducted by the Archdiocesan Office of Public Policy and Social Concerns at St. Mary's Cathedral.



The Gabriel Project is a marvelous way for parish communities to show that they care about pregnant mothers in need, and that there is no reason for any pregnant mother within their boundaries to feel that she is helpless and alone.

Please RSVP to sfgabrielproject@gmail.com or 614-5551.

The Gabriel Project
of the Archdiocese of San Francisco
www.sfgabrielproject.wordpress.com

IF USING SUNDAY ENVELOPES...

Please print your Last Name on the envelope to ensure that your donation is properly credited to your record.

Catholic Adult Singles Assoc. of Marin County

Next Sunday, March 14, 11:00am
Monthly Mass will be at St. Anthony's in Novato, with brunch to follow at a local restaurant.
Call Bob McLaughlin 897-0639.

CENACLE OF PRAYER

TODAY

3 to 4pm
Exposition
of the Blessed Sacrament,
Rosary, Meditation, & Benediction
Spend an hour here with Our Lord.



CONGRATULATIONS

We are happy to announce that Vicki Evans, one of our parishioners, recently earned a licentiate in Bio-Ethics in Rome.

Vicki sought this degree so that she may better serve the cause of increasing respect for the gift of life in our society. May God bless her work and may we all share in that blessing.

LOOKING FOR A PRAYERFUL EXPERIENCE DURING LENT?

The “Chaplet of Divine Mercy” and the “Litany of Divine Mercy” are prayed daily at 3pm in our Adoration Chapel in the church. They’re not very long.

You may drop in at church for your own silent Adoration, for as long as you want, during the day, either before or after the scheduled prayers, and all day from 9:30am (after morning Mass ends), until Evening Prayer at 5:30pm Tues & Thurs, and 6:30pm Mon, Wed, & Friday.

You are always welcome to “make a visit” and pray in our church during the day. Jesus is always waiting for you in the tabernacle, and even when He’s not exposed to view, He hears your prayers.

The “Life in Christ” Group will be studying the life of Christ in both Scripture and the Catechism of the Catholic Church during Lent. The Group meets in the Parish Hall on Monday mornings after 9am Mass. For more information, call 925-0487.

**PARISH BULLETINS ARE ALWAYS AVAILABLE
www.sebastian94904.com**

THANK YOU THANK YOU THANK YOU

Last weekend’s Spaghetti Dinner was such a success due to so many of you who *served* everyone else in so many ways!

May God bless all of you who helped prepare the Hall, the many elements of the meal, the décor, the tables and chairs; those who put out the salad and bread and butter, and who brought the pasta to the people at their tables. And not only were the servers from our parish, there were generous people who attended as guests and who also served!

Remembering how Jesus said that whoever wants to be great must serve the rest, there were truly some great people among us who ensured that a good time was had by all. The young and the old certainly had a wonderful evening, and members of St. Sebastian’s community were able to enjoy each other’s company.

Thanks to the families in our Parish School of Religion for providing some wonderful desserts! We are also grateful to the people who contributed financially even if they weren’t able to attend. Though this was a “fundraiser”, it was even more a celebration of the good people of St. Sebastian’s.

Q & A: Is it permissible to leave Mass early, after Communion?

Imagine if some of your dinner guests gobbled their food and bolted when they finished. Not only would you think it rude, your other guests would find it distracting. Plus, they would miss out on the rest of the evening.

The same is true for Mass. Jesus is present for the entire Mass, so slipping out before it is over is almost like walking out on him. Can you imagine meeting with an earthly king and leaving before he concluded your time together?

Lastly, participating in Mass is intimately linked to our call to go forth and live the Gospel. The final blessing and dismissal prepares us to share what we have received with our brothers and sisters. If we leave directly after Communion, we miss this important component.

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2010 ARCHBISHOP'S ANNUAL APPEAL

We thank the following who have so far responded to the Annual Appeal. Please join them in the support of our local church by sending in your donation as soon as you can.

Alessandria, Anna	Hansen, Teresa	Pelfini, Corinne
Arena, Anna	Harrington, Mr. & Mrs. Don	Perry, Fr. Paul E.
Burke, Mr. & Mrs. J. Patrick	Heilmann, Mr. & Mrs. John	Pidgeon, Mary Helen
Brun, Mr. & Mrs. Francisco	Hoffman, Chas	Pringle, Lidia
Byrne, Peggy	Iachino, Salvatore	Quinn, Mr. & Mrs. Robert
Cancilla, Barbara	Katanics, Olga	Ramsey, Mr. & Mrs. Matthew
Carrade, Denise	Kreps, Mr. & Mrs. Donald	Rende, Giandomenico
Caramatti, Constantino	King, James F.	Ring, Thomas
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Cerruti, Mr. & Mrs. Marvin	Lampe, T. Nancy	Schlesselmann, Anne Marie
Cuzens, Alice	Lawrence, Susan	Schoenstein, Mr. & Mrs. Norman
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Crowley, Mr. & Mrs. John	Martin, Mrs. R.	Staats, Rosellen
Dolan, Mr. & Mrs. Brendan	Matan, Dr. & Mrs. Joseph A.	Sweeny, Mr. & Mrs. Richard
Esguerra, Elizabeth	McGuire, Mr. & Mrs. E. Warren	Taheny, Fr. Mark
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Geissberger, Mr. & Mrs. John	Novacic, Mr. & Mrs. Anthony	Ward, Mr. & Mrs. Dick
Geissberger, Dr. & Mrs. Louis	O'Donnell, Estelle	Weiss, Jeannette
Hanahan, Mr. & Mrs. Walter	Pearson, Josephine	Wolfe, Camilla

LENTEN REFLECTION



Fast from fear; feast on faith.
Fast from self-pity; feast on joy.
Fast from jealousy; feast on love.
Fast from anger; feast on patience.
Fast from criticism; feast on praise.
Fast from selfishness; feast on service.
Fast from discontent; feast on gratitude.
Fast from pessimism; feast on optimism.
Fast from discouragement; feast on hope.
Fast from bitterness; feast on forgiveness.
Fast from complaining; feast on appreciation.
Fast from idle gossip; feast on purposeful silence.
Fast from self-concern; feast on compassion for others.