

## 4<sup>TH</sup> SUNDAY OF LENT

March 14, 2010

### MASS INTENTIONS FOR THE WEEK

Mon	7AM	Annette Batmale
	9AM	Ed Murphy
Tue	7AM	Arlington Fant
	9AM	Martin, <i>living</i>
Wed	7AM	Clare Nelson
	9AM	Fr. John Cleary
	5:15PM	Ida Bullis
Thu	7AM	Fran & Stan Conway
	9AM	Marie Palleschi
Fri	7AM	In Thanksgiving
	9AM	Joseph Lampe & Joseph Calleja, <i>living</i>
Sat	7AM	Lazio & Cincotta Families
	9AM	Divine Family, <i>living &amp; deceased</i>

### PLEASE PRAY FOR THE SICK

Lorenzo Acciai, Ken Anderson, Angela, Sally Arango, Marco Balistreri, Charles Bellia, Bertha, Madison Bostow, Nicole & Sean Burke, Joseph Calleja, Patricia Cane, Caroline, Charles, Cary Chiappone, Yondellan Coleman, Elizabeth Crowley, Vladia Cutler, Dick Degan, Doris Doty, Doug, Nanette Duffy, Ed, Joyce Dunn, Luke Duval, Faith Gillis, Eileen Harriman, Taro Hart, Rosemarie Hayes, Chiara Iulucci, Joseph, Ruedi & Matthias Keller, Germaine Khohayting, Jeanne Killian, Karla Kincade, Kristen, Manda Masse, Gino Mazzenatto, Warren McGuire, Richard Mogas, Monte Maroevich, Tony, Valerie Milroy, Mark Piatti, Bertha Ponce de Leon, Joe Popovich, Stephanie, Steve Schlesselmann, Mary Lou Smith, Ted Taheny, Rose Tannlund, Tim, Elizabeth Ward, Sibeal Whitty, & Camilla Wolfe.

### STEWARDSHIP – A WAY OF LIFE

Last weekend's collection	\$ 4,267.
Weekly goal	\$ 5,200.
Weekly average	\$ 4,278.

The stewardship message in the parable of the prodigal son is that it is never too late to become a good steward. Blessed is the elder brother who had been a good steward all along, but blessed, too, is the prodigal, who had to lose all he had in order to understand the value of what he'd been given.

### TODAY IS "COFFEE SUNDAY"

Don't "run off", but be sure to come to the Parish Hall after the 7am, 9am, or 11am Mass and visit with fellow parishioners who look forward to seeing you there!



"Coffee Sunday" is scheduled for the second Sunday of every month.

### WEDNESDAY MASSES & SOUP SUPPERS

On the Wednesdays of Lent, in addition to our morning Masses, we have a 5:15PM Mass, after which we offer a Soup Supper in the Parish Hall.

### CALA LILIES FOR THE CHURCH

Once again, the Environment Committee asks for your cala lilies or any white flowers to decorate the altar for Easter.

If you can bring cala lilies from your yard, please bring them to the sacristy before Holy Thursday, April 1.

### ANGELS FOR THE GABRIEL PROJECT

Join us on Saturday, March 20 at 7:30pm for our first Gabriel Project Conference Video Presentation. We will present an abridged (40-minute) DVD version of *The Gabriel Project Conference* of September 12, 2009, which was conducted by the Archdiocesan Office of Public Policy and Social Concerns at St. Mary's Cathedral.

*The Gabriel Project* is a marvelous way for parish communities to show that they care about pregnant mothers in need, and that there is no reason for any pregnant mother within their boundaries to feel that she is helpless and alone.



Please RSVP to [sfgabrielproject@gmail.com](mailto:sfgabrielproject@gmail.com) or 614-5551.

**The Gabriel Project**  
of the Archdiocese of San Francisco  
[www.sfgabrielproject.wordpress.com](http://www.sfgabrielproject.wordpress.com)

### IF YOU USE SUNDAY ENVELOPES...

Please print your Last Name on the envelope to ensure that your donation is properly credited to your record.

The Blessed Virgin Mary grants seven graces to the souls who honor her daily by saying seven Hail Mary's and meditating on her tears and dolors. The devotion was passed on by St. Bridget.



### Here Are The Seven Graces

1. I will grant peace to their families.
2. They will be enlightened about the divine mysteries.
3. I will console them in their pains and I will accompany them in their work.
4. I will give them as much as they ask for as long as it does not oppose the adorable will of my divine Son or the sanctification of their souls.
5. I will defend them in their spiritual battles with the infernal enemy, and I will protect them at every instant of their lives.
6. I will visibly help them at the moment of their death, they will see the face of their Mother.
7. I have obtained (this Grace) from my divine Son, that those who propagate this devotion to my tears and dolors, will be taken directly from this earthly life to eternal happiness since all their sins will be forgiven and my Son and I will be their eternal consolation and joy.

### Seven Sorrows

1. The prophecy of Simeon. (Luke 2:34-35)
2. The flight into Egypt. (Matthew 2:13-14)
3. The loss of the Child Jesus in the temple. (Luke 2:43-45)
4. The meeting of Jesus and Mary on the Way of the Cross.
5. The Crucifixion.
6. The taking down of the Body of Jesus from the Cross.
7. The burial of Jesus.



### **LOOKING FOR A PRAYERFUL EXPERIENCE DURING LENT?**

The “Chaplet of Divine Mercy” and the “Litany of Divine Mercy” are prayed daily at 3pm in our Adoration Chapel in the church. They’re not very long.

You may drop in at church for your own silent Adoration, for as long as you want, during the day, either before or after the scheduled prayers, and all day from 9:30am (after morning Mass ends), until Evening Prayer at 5:30pm Tues & Thurs, and 6:30pm Mon, Wed, & Friday.

**You are always welcome to “make a visit” and pray in our church during the day. Jesus is always waiting for you in the tabernacle, and even when He’s not exposed to view, He hears your prayers.**

The “Life in Christ” Group will be studying the life of Christ in both Scripture and the Catechism of the Catholic Church during Lent. The Group meets in the Parish Hall on Monday mornings after 9am Mass. For more information, call 925-0487.

**PARISH BULLETINS ARE ALWAYS AVAILABLE  
www.sebastian94904.com**

From the book addressed to Autolyclus by Saint Theophilus of Antioch, bishop

If you say, "Show me your God," I will say to you, "Show me what kind of person you are, and I will show you my God." Show me then whether the eyes of your mind can see, and the ears of your heart hear.

It is like this: Those who can see with the eyes of their bodies are aware of what is happening in this life on earth. They get to know things that are different from each other. They distinguish light and darkness, black and white, ugliness and beauty, elegance and inelegance, proportion and lack of proportion, excess and defect. The same is true of the sounds we hear: high or low or pleasant. So it is with the ears of our heart and the eyes of our mind in their capacity to hear or see God.

God is seen by those who have the capacity to see him, provided that they keep the eyes of their mind open. All have eyes, but some have eyes that are shrouded in darkness, unable to see the light of the sun. Because the blind cannot see it, it does not follow that the sun does not shine. The blind must trace the cause back to themselves and their eyes. In the same way, you have eyes in your mind that are shrouded in darkness because of your sins and evil deeds.

A person's soul should be clean, like a mirror reflecting light. If there is rust on the mirror his face cannot be seen in it. In the same way, no one who has sin within him can see God.

But if you will, you can be healed. Hand yourself over to the doctor, and he will open the eyes of your mind and heart. Who is to be the doctor? It is God, who heals and gives life through his Word and wisdom. Through his Word and wisdom he created the universe, for *by his Word the heavens were established, and by his Spirit all their array*. His wisdom is supreme. *God by wisdom founded the earth, by understanding he arranged the heavens, by his knowledge the depths broke forth and the clouds poured out the dew*.

If you understand this, and live in purity and holiness and justice, you may see God. But, before all, faith and the fear of God must take the first place in your heart, and then you will understand all this. When you have laid aside mortality and been clothed in immortality, then you will see God according to your merits. God raises up your flesh to immortality along with your soul, and then, once made immortal, you will see the immortal One, if you believe in him now.